

e-Safety – advice for parents

At The Belsteads School the health, safety and welfare of our pupils is at the heart of everything we do.

Safe use of the internet is important for all children and young people and we ensure that pupils' use of the internet is supported by a member of staff and e-safety education forms part of our curriculum.

Pupils take part in a variety of activities suitable to their needs so that they can go to exciting places online safely.

Technology is constantly changing and is a pivotal part of life. We feel that it is essential not only to show the pupils how to safeguard themselves whilst using this fantastic learning resource but also to work with parents.

Parents can help by ensuring that pupils are not accessing inappropriate material at home by way of filters and parental controls. One way of doing this is to use parental control software.

Websites provide a variety of information for parents.

There are some links below which will take you to sites which will provide further information and advice about e/online-safety:

A site that is particularly useful is [Thinkuknow](#) which has advice for parents/carers and teachers or other professionals who work with children.

UK Safer Internet Centre <http://www.saferinternet.org.uk/advice-centre/parents-and-carers>

<http://www.kidsmart.org.uk/> Kidsmart gives you lots of advice on how to stay safe online.

<https://www.actionforchildren.org.uk/>. Leading children's charity and provider of children's services in the UK. Source of research and guidance about online safety.

www.childnet.com – Childnet International has a wealth of information for parents as well as professionals to keep your child safe online

www.ceop.police.uk The Child Exploitation and Online Protection (CEOP) Centre works across the UK to tackle child abuse wherever and whenever it happens. Part of their strategy is providing internet safety advice for parents and carers and delivering a virtual police station for reporting abuse on the internet.

www.internetmatters.org – a range of advice for parents to keep their children (from 0 to 14+ years) safe online, including online grooming and radicalisation

<https://www.facebook.com/safety/groups/parents/> – internet safety for parents – helping your teens stay safe when using Facebook

NSPCC: <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

Vodafone have produced a *Digital Parenting Magazine* which informs parents about the various technologies children are accessing today and a [map](#) showing where your child goes online. Vodafone have also produced a number of '[how to](#)' guides that show you how to set up parental controls on a number of devices and how to safely use apps and software.